

# COMMUNITY RESOURCE GUIDE



GREATER HOUSTON AREA

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# PURPOSE

The purpose of this guide is to compile resources for different groups of people in the greater Houston area.



# AFRICAN-AMERICAN PEOPLE:

## 1. AFRICAN AMERICAN HEALTH COALITION (AFAHC)

a. Website:

<https://afahchouston.org>

b. Contact Information:

i. Phone: 713-634-1251

ii. Email: [AFAHChouston@gmail.com](mailto:AFAHChouston@gmail.com)

iii. Contact Page: <https://afahchouston.org/contact/>

c. Address:

2617C West Holcombe Blvd PMB#151

Houston, TX 77025

d. Summary of Services:

AfAHC is a nonprofit organization that has been present in Houston since the early 90s. They provide monthly meetings to promote healthy lifestyle and communities for people of African descent. Their website features resources as well as a calendar of events. They kindly ask that you RSVP on their website prior to attending a meeting. Their website also features community resources available to people including health centers, health and wellness organizations, and public health organizations.

e. Meetings:

First Wednesday of every other month.



## 2. GREATER HOUSTON BLACK CHAMBER

a. Website:

<https://ghbcc.com>

b. Contact Information:

i. Phone: 713-660-8299

ii. Email: [info@ghbcc.com](mailto:info@ghbcc.com)

iii. Contact Page:

c. Address:

4828 Loop Central Dr. STE 1000

Houston, TX 77081

d. Summary of Services:

GHBC was founded in 1935 and is a way for people to reach and partner with African-American owned businesses, entrepreneurs, and professionals. GHBC offers meetings monthly that are available to attend, even if you are not a member. Becoming a member gives access to resources and decreased fees for meetings.

e. Events:

Calendar available here: <https://afahchouston.org>

## 3. HOGG FOUNDATION FOR MENTAL HEALTH

a. Website:

<https://hogg.utexas.edu/initiatives/african-american-faith-based-education-and-awareness>

b. Contact Information:

i. Phone: (512) 471-5041

ii. Email: [hogg-operations@austin.utexas.edu](mailto:hogg-operations@austin.utexas.edu)

iii. Contact Page:

<https://hogg.utexas.edu/who-we-are/contact-us>



c. Locations:

- i. Bible Way Fellowship Baptist Church
- ii. Mount Zion Missionary Baptist Church
- iii. Wheeler Avenue Central City Comprehensive Community Center
- iv. Windsor Village United Methodist Church
- v. Missouri City Baptist Church

d. Summary of Services:

While this program is based out of the University of Texas at Austin, there are many locations around Houston that are a part of the program. This program helps churches around Texas to address mental health barriers within the african american community. This program also awards grants and helps people to find mental health services.

e. Events: Each location differs.



# AGE RELATED

## RESOURCES:

### **1. HARRIS COUNTY AREA AGENCY ON AGING**

a. Website:

<https://www.houstontx.gov/health/Aging/>

b. Contact information:

i. Phone: 832-393-4301 800-213-8471

ii. Email: [aging@houston@houstontx.gov](mailto:aging@houston@houstontx.gov)

c. Location:

8000 North Stadium Drive, Third floor

Houston, TX 77054

d. Summary of Services:

i. This service provides aging adults (60 yrs+) in finding access and assistance services, care coordination, in-home services, supporting services, caregiver support coordination, evidence-based classes, long term care ombudsman, and nutrition programs. This service also raises public awareness and advocates. As well as provide veterans directed home and community based services.

### **2. CATHOLIC CHARITIES: ARCHDIOCESE OF GALVESTON-HOUSTON**

a. Website:

<https://catholiccharities.org/our-services/promoting-independence-for-seniors-veterans-others/senior-services/>

b. Contact Information:

i. Phone: 713-202-6200

ii. Email:

iii. Contact Page:



- c. Location: Various locations in and around Houston
- d. Summary of Services:

This service provides in home assessments for mental health as well as counseling and education. It also provides community referrals, program groups (like social arts and crafts groups) as well as phone calls and home visits for monitoring, and there are no fees associated with these services.

- e. Events: Calendar can be found at:

<https://catholiccharities.org/news-events/calendar/>

### **3. TEXAS SENIOR SOLUTIONS**

- a. Website: <https://texasseniorsolutions.com/senior-ressources>

- b. Contact Information:

- i. Phone: 713-557-1811 832-377-0118

- ii. Email:

- iii. Contact Page: <https://texasseniorsolutions.com/request-info>

- c. Location:

- i. 1306 FM 1092 STE 303  
Missouri City, TX 77459

8835 Bintliff Dr.

Houston, TX 77074

- d. Summary of Services:

Texas Senior Solutions offers a list of resources around the area as well as has relationships with Medicare supplemental plans, special needs planning, geriatricians, elder care attorneys, home health agencies, area agency on aging, assisted living facilities, alzheimer's facilities, skilled nursing facilities, adult





protective services, medical supplies and equipment, long term care insurance providers, pet therapy, hospice care providers, transportation providers, texas health care association, retirement planning specialists, pharmacies, senior citizen social centers, tax planning specialists, meals on wheels and state long term care ombudsman.

#### **4. HOUSTON CHAPTER OF THE ALZHEIMER'S ASSOCIATION**

- a. Website: <https://www.alz.org/texas>
- b. Contact Information:
  - i. Phone: 800-272-3900
  - ii. Email:
  - iii. Contact Page:  
<https://action.alz.org/PersonifyEbusiness/Default.aspx?TabID=1500>
- c. Location: Greater Houston Area, Southeast Texas, Galveston, Beaumont, Nacogdoches, Brazos Valley.
- d. Summary of Services:

Care consultations to navigate through diagnosis, Diversity outreach programs, as well as early stage programs. They also offer programs in spanish. They have monthly events for people with alzheimers as well as to raise money and awareness.
- e. Events: <https://www.alz.org/texas/events>

#### **5. HOUSTON AREA PARKINSON'S ASSOCIATION**

- a. Website:
- b. Contact Information:
  - i. Phone: 713-626-7114
    - 1. Kathleen Crist, LMSW Executive Director



- a. (713) 313-1704
- 2. Celeste G. Harris, LMSW Director of Social Services
  - a. (713) 313-1706
- 3. Maggie Abbott, PT, DPT Director of Outreach
  - a. (713) 313-1648
- 4. Angelica Rodriguez Manager of Therapeutic Programs
  - a. (713) 313-1652
- 5. Gini Brown Administrative Assistant
  - a. (713) 313-1621

ii. Contact Page:

<https://www.hapsonline.org/contact>

c. Location:

2700 Southwest Freeway STE 296

Houston, TX 77098

d. Summary of Services:

HAPS offers groups and transportation to groups (for free) to all people who are diagnosed with Parkinson's. HAPS offers therapeutic exercise, support groups, speech classes, music therapy classes, education courses, and more! HAPS provides groups to people with Parkinson's and their caregivers at no charge.

e. Events:

**6. HOUSTON DIABETES RESOURCE CENTER**

a. Website: <https://houstondiabetes.org>

b. Contact Information:

i. Email: [klaus@madsenhealth.com](mailto:klaus@madsenhealth.com)

ii. Contact Page:

<https://houstondiabetes.org/about-us/contact/>

c. Summary of Services:



HDRC provides help to people, providers, employers, and communities to help navigate the healthcare system in relation to diabetes. It also helps to connect people with diabetes and who are at risk of diabetes with caregivers in the community

## **7. American Heart and Stroke Associates**

a. Website: <https://www.heart.org>

b. Contact Information:

i. Phone: 832-918-4000

c. Location:

10060 Buffalo Speedway

Houston, TX 77054

d. Summary of Services:

American heart and stroke associates provides support to people who have heart disease and who have experiences strokes. They also provide CPR classes and free online movement courses.



# ARABIC PEOPLE:

## 1. ARAB AMERICAN CULTURAL & COMMUNITY CENTER

a. Contact Information:

- i. Phone: 832-351-3366
- ii. Email:

b. Location:

10555 Stancliff Rd.  
Houston, TX 77099

c. Summary of Services:

This community center provides community services, arabic school, cultural events, educational programs, social activities, and civic integration and awareness. They also provide two different internships. The first internship is to build and maintain financial support from foundations, government and donors. The second is to create events and communication opportunities for the community. The AAC is a place where culture, art and language are preserved and highlighted for future generations.

d. Events: <https://www.acchouston.org/class-2019-2020>

## 2. TEXAS ARABIC ACADEMY (TAA)

a. Contact Information:

- i. Email: [info@texasarabicacademy.org](mailto:info@texasarabicacademy.org)
- ii. Contact Page: <http://www.texasarabicacademy.org/contact/>

b. Location:

2929 Westhollow Dr.



Houston, TX 77082

c. Summary of Services:

Texas Arabic Academy offers arabic classes for all ages and skill levels. TAA also offers information about the culture as well as the language. All classes are taught by native arabic speakers. The school is open to all ages, races, and religions. They also offer online courses.

d. Events: <http://www.texasarabicacademy.org/upcoming-events/>

i.



# ASIAN PEOPLE:

## 1. SOUTH ASIAN YOUTH IN HOUSTON UNITE (SAYHU)

a. Website: <https://www.sayhu.org>

b. Contact Information:

- i. Phone: N/A
- ii. Email: [info@sayhu.org](mailto:info@sayhu.org)
- iii. Contact Page: N/A

c. Address: N/A

d. Summary of Services:

SAYHU is a collective that empowers South Asian Houstonians by creating spaces to increase political engagement and visibility. They offer community gatherings, a regional summit, and a digital archive.

e. Events: Virtual meetings once/month

- i. Event Schedule: <https://www.sayhu.org/events-8964>

## 2. CHINESE COMMUNITY CENTER

a. Website: <https://ccchouston.org>

b. Contact Information:

- i. Phone: 713-271-6100
- ii. Email: [Info@ccchouston.org](mailto:Info@ccchouston.org)
- iii. Contact Page:

c. Address:

9800 Town Park Dr.  
Houston, TX, 77036



d. Summary of Services:

The Chinese Community Center offers an early learning center, youth programs, wellness programs for seniors and senior employment programs. They also offer senior companionship and caregiver services. They offer citizenship courses as well!

e. Events: <https://ccchouston.org/contact/>



# CAREGIVERS:

## 1. HOUSTON HEALTH DEPARTMENT: CAREGIVER SERVICES

a. Website:

[https://www.houstontx.gov/health/Aging/caregiver\\_services.html](https://www.houstontx.gov/health/Aging/caregiver_services.html)

b. Contact Information:

i. Phone: 832-393-4301

c. Location:

8000 N Stadium Dr. 3rd Floor

Houston, Tx 77054

d. Summary of Services:

This page features lists for caregivers to find support for many different populations. The page includes counseling centers, training conferences, mental health services, and caregiver training.

## 2. CARE PARTNERS

a. Website:

<https://www.carepartnerstexas.org/educational-resources/caregiver-resources/>

b. Contact Information:

i. Phone: 713-682-5995

c. Location:

701 N. Post Oak Rd. STE 330

Houston, TX 77024

d. Summary of Services:

Care Partners works to provide resources for not only people needing care, but for those providing care. They work to provide support, education, and resources for those who are





caregivers. Caregivers can receive emotional support, quality care and resource information. They have specific programs for caregivers including support groups and conferences.

- e. Events: Check their facebook page for live events and updates.



# DISABLED PEOPLE:

## 1. EASTERSEALS GREATER HOUSTON

a. Website:

b. Contact Information:

i. Phone: 713-838-9050

ii. Contact Page:

<https://www.eastersealshouston.org/About/contact.html>

c. Location:

4888 Loop Central Dr. STE 200

Houston, TX 77081

d. Summary of Services:

Easterseals Houston offers many different resources and activities. Easterseals has a private school for children with severe disabilities as well as programs for adults.

Easterseals has events to raise awareness and funding for their services provided to people in the community.

e. Events:

<https://www.eastersealshouston.org/Events/events.html>

## 2. UNIVERSITY OF HOUSTON COLLEGE OF EDUCATION: PARENT EDUCATION PROJECT

a. Website: <https://uh.edu/education/pep/resources/>

b. Contact Information:

i. Phone: 713-743-3055



- ii. Email: Shelley Townsend (Program Director):  
[stownsend3@uh.edu](mailto:stownsend3@uh.edu)
- iii. Contact Page: <https://uh.edu/education/pep/contact-us/>

c. Location:

University of Houston  
4365 Cougar Village Dr.  
Student Services Center 1, Room 301  
Houston, TX 77204

d. Summary of Services:

The Parent Education Project is a service free of charge to families in the Houston area. Their services, “Families CAN” is a parent case management program that provides case management and other services to families with children with special care needs. This service also compiles a list of resources for families in the area.



### **3. COALITION OF TEXANS WITH DISABILITIES**

a. Website: <http://www.txdisabilities.org/advocacy>

b. Contact information:

- i. Phone: 512-478-3366
- ii. Email: [info@txdisabilities.org](mailto:info@txdisabilities.org)

c. Location:

1716 San Antonio St.  
Austin, Tx 78701

d. Summary of services:

While based out of Austin, this group works to advocate on the state level for people with disabilities. This coalition helps people with disabilities to connect directly to their

state representatives. This service also works to create bills that are specific to people with disabilities.



RESOURCES FOR

# FEMALES:

## 1. THE WOMEN'S CENTER OF HOUSTON

a. Website:

[https://houstonwomensclinic.com/?campaignid=6479737904&adgroupid=77408012546&creative=381919559171&matchtype=b&network=g&device=c&keyword=the%20womens%20center%20of%20houston&gclid=EA1aIQobChMIn4bbreGY6QIVePzjBx3xowGUEAAYASAAEgJQLfD\\_BwE](https://houstonwomensclinic.com/?campaignid=6479737904&adgroupid=77408012546&creative=381919559171&matchtype=b&network=g&device=c&keyword=the%20womens%20center%20of%20houston&gclid=EA1aIQobChMIn4bbreGY6QIVePzjBx3xowGUEAAYASAAEgJQLfD_BwE)

b. Contact Information:

i. Phone:

713-903-8742

713 322 3396

ii. Contact Page:

<https://houstonwomensclinic.com/houston-abortion-clinic-location/>

c. Location:

4820 San Jacinto

Houston, Tx 77004

d. Summary of Services: This clinic offers the following services:

ultrasounds, lab work, rhogam, oral and iv sedation, medications, antibiotics, pain medications, 2 year birth control prescriptions and all of these are included in one fee. They also offer free transportation to and from the clinic. This clinic also offers medical and surgical abortions.



## 2. UNITED WAY OF GREATER HOUSTON

a. Website: <http://referral.unitedwayhouston.org>

b. Contact Information:

i. Phone:

ii. Email:

iii. Contact Page:

c. Location:

d. Summary of Services:

This website provides links to domestic violence shelters and other services in the Houston Area. While not always specific to women, there are many resources for women on this site.

Services include family services, family counseling, and more.

## 3. THE WOMEN'S RESOURCE

a. Website: <https://www.thewomensresource.org>

b. Contact Information:

i. Phone: 713-667-4493

ii. Email: [info@thewomensresource.org](mailto:info@thewomensresource.org)

iii. Contact Page:

<https://www.thewomensresource.org/contactus>

c. Location:

730 N. Post Oak Rd. STE 203

Houston, Tx 77024

d. Summary of Services:

The purpose of this service is to help women to become independent, productive and financially stable. This resource offers programs, classes and coaching to women all around Houston.



# IMMIGRANTS:

## 1. HOUSTON IMMIGRATION LEGAL SERVICES COLLABORATIVE

a. Website: <https://www.houstonimmigration.org/resources/>

b. Contact Information:

i. Phone: 1-833-HOU-IMMI

ii. Email: [accesshou@houstonimmigration.org](mailto:accesshou@houstonimmigration.org)

c. Summary of Services:

This service provides resources for immigrants, immigration attorneys, and non-profit organizations. They also provide legal services to those in need.

d. Events:

[https://www.houstonimmigration.org/events-community/?tribe\\_event\\_display=photo&tribe-bar-date=2020-05-04&tribe\\_redirected=true](https://www.houstonimmigration.org/events-community/?tribe_event_display=photo&tribe-bar-date=2020-05-04&tribe_redirected=true)

## 2. FOR FAMILIES AND THEIR EDUCATION

a. Website: <https://fielhouston.org>

b. Contact Information:

i. Phone: 713-364-3435

ii. Contact Page: <https://fielhouston.org/contactus/>

c. Location:

6610 Harwin #214

Houston, TX 77036

d. Summary of Services:

FIEL is an immigrant-led organization that advocates for just laws for immigrant youth, their families and access to higher education for all people. They provide services related to education,



immigration, civic engagement, disaster recovery as well as information regarding rights related to immigration.





RESOURCES FOR

# INDIGENOUS PEOPLE:

## 1. RICE RESOURCES FOR NATIVE AMERICANS

a. Website:

<https://ccd.rice.edu/students/career-resources/identity-based-resources/resources-for-native-americans>

b. Contact Information:

i. Phone: 713-348-0000

c. Location:

6100 Main St.

Houston, Tx 77005

d. Summary of Services:

Rice University has an American Indian College Fund that funds and creates awareness to community-based tribal colleges and universities.

## 2. AMERICAN INDIAN CENTER OF HOUSTON

a. Website:

<https://www.facebook.com/American-Indian-Center-of-Houston-102026058044263/>

b. Contact Information:

i. Phone: 346 374 8516

ii. Email: [nmcdonald@tunica.org](mailto:nmcdonald@tunica.org)

c. Location:

2000 S. Dairy Ashford STE 550

Houston, TX

d. Summary of Services:



American Indian Center of Houston is a subsidiary of the Tunica-Biloxi Indians of Louisiana. The Tunica-Biloxi Tribe is based in Louisiana and has just recently started this center in Houston. They are new as of this year and currently do not have resources, but will in the near future.



## RESOURCES FOR

# JEWISH PEOPLE:

### 1. EVELYN RUBENSTEIN JCC

- a. Website: <https://www.erjcchouston.org>
- b. Contact Information:
  - i. Phone: 713 729 3200
  - ii. Contact Page: <https://www.erjcchouston.org/general/contact-us/>
- c. Location:

5601 South Braeswood  
Houston, tx 77096
- d. Summary of Services: The JCC offers early childhood programs, teen programs, children's programs, family engagement, adult education and wellness, arts and culture as well as senior services. The JCC features the Milton Levit campus which has the Bertha Alyce Early Childhood School, a Fitness Center, and the Joe Weingarten Building. It also features a designated teen center and other locations.

### 2. JEWISH FEDERATION OF GREATER HOUSTON

- a. Website: <https://www.houstonjewish.org>
- b. Contact Information:
  - i. Phone: 713- 729-7000
  - ii. Email: [tbaranowski@houstonjewish.org](mailto:tbaranowski@houstonjewish.org)
  - iii. Contact Page: <https://www.houstonjewish.org/contact/>
- c. Location:

5603 South Braeswood Blvd  
Houston, TX 77096



d. Summary of Services:

This organization works to provide grants to local organizations that support the basic needs of the community. They work to ensure a vibrant Jewish future in the Greater Houston area. They work with Jewish community programs and facilities.

**3. SEVEN ACRES JEWISH SENIOR CARE SERVICES**

a. Website: <http://www.sevenacres.org>

b. Contact Information:

i. Phone: 713-778-5700

ii. Contact Page: <http://www.sevenacres.org/contactus.php>

c. Location:

6200 North Braeswood BLVD

Houston, TX 77074

d. Summary of Services:

Seven Acres provides care to seniors and includes music therapy as well as Alzheimer's resources, skilled nursing, rehabilitation and hospice services. They feature many different classes including art, crafts, mens club, yiddish club, hobby groups, and more. They also offer religious services within the Jewish heritage.



## RESOURCES FOR

# LATINX PEOPLE:

### 1. HOUSTON HISPANIC CHAMBER OF COMMERCE

a. Website:

<https://www.houstonhispanicchamber.com/resources.html>

b. Contact information:

i. Phone: 713-644-7070

ii. Email: [info@houstonhispanicchamber.com](mailto:info@houstonhispanicchamber.com)

iii. Contact Page:

<https://www.houstonhispanicchamber.com/corporate-sponsorships.html>

c. Summary of Services:

Houston Hispanic Chamber of Commerce is an advocate for business and civic interests of hispanic people in the Greater Houston Area. They work to advocate for hispanic business owners as well as to give a voice to those in the area.

### 2. LATINO GIVING HOUSTON

a. Website: <http://www.latinogivinghouston.org>

b. Contact Information:

i. Email: [latinogiving@gmail.com](mailto:latinogiving@gmail.com)

ii. Contact Page:

<http://www.latinogivinghouston.org/html/join.html>

c. Location:

515 Post Oak BLVD.

STE 1000

Houston, TX 77027



d. Summary of Services:

Latino Giving Houston works to organize funds to latinx community members. The grants are given to arts and culture, community development, education, health and human services and social justice.

e. Events: <http://www.latinogivinghouston.org/index.html>

**3. LATINO LEARNING CENTER**

a. Website: <https://latinolearningcenter.org>

b. Contact information:

- i. Phone: 713-223-1391 832-887-8715
- ii. Email: [rodolfo@latinolearningcenter.org](mailto:rodolfo@latinolearningcenter.org)
- iii. Contact Page:

c. Location:

3522 Polk St.  
Houston, Tx 77003

d. Summary of services:

The latino learning center offers educational programs, senior housing, senior day programs, and more for people of latin ethnicity. Latino learning center was founded in the late 70s and also provides ESL classes and services like residential air conditioning and refrigeration for low income families.

e. Events: <https://latinolearningcenter.org/events/>



## RESOURCES FOR

# LGBTQIA+ PEOPLE:

### 1. HOUSTON LGBTQ COMMUNITY

a. Website:

<https://www.mygayhouston.com/community/nonprofits-social-organizations/>

b. Contact Information:

i. Phone: 713-853-8100

c. Location:

701 Avenida de las Americas

Houston, TX 77010

d. Summary of Services:

Houston LGBTQ Community works to empower people through education, counseling and education. This resource provides a network of support and resources for people who identify as LGBTQIA+.

### 2. ASSIST HERS

a. Website: <http://www.assisthers.org>

b. Contact Information:

i. Phone: 713-529-0037

ii. Email: [lgbtqhealth@montrosecenter.org](mailto:lgbtqhealth@montrosecenter.org)

c. Location:

401 Branard, 2nd floor

Houston, TX 7006

d. Summary of Services:



Assishers supports LGBTQ+ women and nonbinary people with chronic illness and disabilities in the Houston area. They work to provide a network of support for those living with these diagnoses, with a special emphasis on lesbian related health concerns.

### **3. GAY AND LESBIAN PARENTS**

a. Website: <http://www.hglp.org>

b. Contact Information:

i. Phone:

ii. Email: [hglp@hglp.org](mailto:hglp@hglp.org)

iii. Contact Page:

c. Location:

PO Box 7462

The Woodlands, TX 77387

d. Summary of Services:

This is a social support group for LGBTQIA+ parents, partners, and children, as well as parents in planning. This support group works to provide community to those going through the process of becoming parents, however they are pursuing parenthood.

e. Events: <http://www.hglp.org/eventscalendar>





## RESOURCES FOR

# MENTAL HEALTH:

### 1. HOUSTON CREATIVE ARTS THERAPY

- a. Website: <https://houstoncreativeartstherapy.com>
- b. Contact Information:
  - i. Phone: 281-713-5165
  - ii. Email: ClientCare@HoustonCreativeArtsTherapy.com
  - iii. Contact Page: <https://houstoncreativeartstherapy.com/contact>
- c. Location:

516 Sul Ross St.  
Houston, TX 77006
- d. Summary of Services:

HCAT provides Drama Therapy services as well as free group meetings in houston focused around mindfulness and wellness.
- e. Events: <https://www.meetup.com/hcatwellness/>



RESOURCES FOR

# MULTICULTURAL/MULTIRACIAL

## PEOPLE:

### **1. DIVERSITY EDUCATION CONSORTIUM: UNIVERSITY OF HOUSTON**

a. Website:

[https://www.uh.edu/cdi/student\\_opportunities/diversity-education-consortium/community\\_resources.html](https://www.uh.edu/cdi/student_opportunities/diversity-education-consortium/community_resources.html)

b. Contact Information:

i. Phone: 713-743-2255

c. Location:

University of Houston

Houston, Tx 77204

d. Summary of Services:

University of Houston offers a variety of cultural centers and student organizations. UH also offers projects and groups within different ethnic communities. They also work to provide workshops to spread awareness of how racism is still present and how we can work to diminish it.

### **2. MULTICULTURAL ART AND MUSEUMS**

a. Website:

<https://www.visithoustontexas.com/things-to-do/arts-and-culture/museums/multicultural-art-and-museums/>

b. Location: Downtown Houston.



- c. Summary of Services: This is not a service, but rather a list of places, museums, galleries and shops around Houston that are dedicated to different racial and ethnic groups.



# MUSLIM PEOPLE:

## 1. ISLAMIC SOCIETY OF GREATER HOUSTON

a. Website: <https://isgh.org/about/>

b. Contact Information:

i. Phone: 713-524-6615

ii. Website: [info@isgh.org](mailto:info@isgh.org)

iii. Contact Page:

c. Location:

3110 Eastside Dr.

Houston, TX 77098

d. Summary of Services:

ISGH provides religious and social services to Muslim people in the Houston area. They work to provide channels of understanding and communication between Muslims and the general Houston Community. The resources are open to all people who practice Islam, but in order to vote, people must fill out an application.

## 2. COUNCIL ON AMERICAN-ISLAMIC RELATIONS

a. Website: <https://cairhouston.com>

b. Contact Information:

i. Phone: 713-838-2247

ii. Email: [info@houston.cair.com](mailto:info@houston.cair.com)

c. Location:

7211 Regency Square BLVD. STE 201



Houston, TX 77306

d. Summary of Services:

This is a grassroots civil rights and advocacy organization. Their purpose is for people to understand Islam, protect civil rights, promote justice and empower American Muslims.

**3. DIRECTORY OF ISLAMIC CHARITIES AND NONPROFIT ORGANIZATIONS**

a. Website:

<https://www.guidestar.org/nonprofit-directory/religion/islamic/2.aspx>

b. Summary of Services:

This is a list, with links, to all islamic owned nonprofits and charities. This is not limited to the Houston area.



# SOCIOECONOMIC NEEDS:

## 1. CYPRESS ASSISTANCE MINISTRIES

a. Website: <https://www.cypressassistance.org>

b. Contact Information:

i. Phone: 281-955-7684

ii. Email: [info@cypressassistance.org](mailto:info@cypressassistance.org)

c. Location:

11202 Huffmeister Rd. #3

Houston, TX 77065

d. Summary of Services:

CAM is a faith-based organization that services individuals and families in financial crises, on the brink of homelessness, or anybody who needs hops for a better future. They feature a food pantry as well as Angels Attic that is a donation based discount store.

## 2. HARRIS COUNTY ASSISTANCE PROGRAMS

a. Website:

[https://www.needhelppayingbills.com/html/harris\\_county\\_assistance\\_progr.html](https://www.needhelppayingbills.com/html/harris_county_assistance_progr.html)

b. Summary of Services:

This page compiles programs in Houston that offer financial assistance in and around Houston.

## 3. COVENANT HOUSE TEXAS

a. Website: <https://www.covenanthousetx.org>



b. Contact Information:

- i. Phone: 713- 523-2231
- ii. Contact Page: <https://www.covenanthousetx.org/contact-us/>

c. Location:

1111 Lovett Blvd.  
Houston, TX 77006

d. Summary of Services:

Covenant House Texas provides shelter for homeless, abused and abandoned youth (18-24yrs). They also include mental health counseling, substance abuse counseling, outreach and prevention and parenting classes. They even provide food, clothing, and medical care.



## RESOURCES FOR

# SURVIVORS:

### 1. HOUSTON AREA WOMEN'S CENTER

- a. Website: <http://www.hawc.org>
- b. Contact Information:
  - i. Phone:
    1. Domestic Violence Hotline: 713-528-2121
    2. Rape Crisis Hotline: 713-528-7273
  - ii. Email: [info@hawc.org](mailto:info@hawc.org)
  - iii. Contact Page: <https://hawc.org/contact/>
- c. Location:

1010 Waugh Drive  
Houston, TX 77019

- d. Summary of Services:

This service provides survivors with immediate access to safety. Medical attention, and trauma informed needs assessment as soon as they reach out. They provide 24 hour hotlines, counseling and advocacy, violence prevention and community education, as well as children's court services.

### 2. MD ANDERSON LIFE AFTER CANCER

- a. Website:  
<https://www.mdanderson.org/patients-family/life-after-cancer.html>
- b. Contact information:
  - i. Phone: 1-877-545-0030





ii. Contact page:

<https://www.mdanderson.org/about-md-anderson/contact-us.html>

c. Location:

1515 Holcombe Blvd.

Houston, TX 77030

d. Summary of Services:

MD Anderson provides support groups for survivors as well as their families. This service also has clinics for survivors to help develop a plan for ongoing health care. They also include resources related to financial and legal help related to surviving cancer. They additionally provide follow up care, nutritional aid and symptom management.

